| Activity: | Confidence Course |  |
| :---: | :---: | :---: |
| Risk Code |  |  |
| Risk Details: <br> Sprains or strains Head Injury Broken Bones Cuts \& Grazes | Likely Cause Of Risk: <br> Not paying attention Inadequate supervision Improper instruction given Not understanding instructions Unruly behaviour | Risk Control: <br> Risk is controlled by activity design and participant instruction and supervision by appropriately trained and experienced adults. |

This activity can only be used under the guidance of PSYV staff. Before this activity can be used supervising adults must be trained by camp staff on how to run it safely, they must fully understand what is expected of the supervisor and they must be confident in their ability to supervise as per the instructions given.

## Activity Preparation:

a) Instruct participants on the rules and boundaries for this activity
b) Clear the course of branches etc that may have fallen off the trees
c) Ensure that one adult has a radio.

## Participant Requirement:

a) Listen and obey instructor
b) Appropriate clothing and footwear must be worn
c) Must be physically able to safely use this activity
d) Long hair must be tied back.
e) No student is to be forced to do an activity.

Supervisors Instructions:
a) Explain what the outcome is with this activity
b) High awareness and constant visual supervision required at all times.
c) Using equipment properly
d) Be able to help as required

Activity Shutdown:
a) Confirm that all participants are accounted for.
b) Pick up any personal items and clothing that might have been left behind.

## Activity Maintenance:

This activity will be checked prior to use and weekly. This will include a through perusal of the activity for ordinary wear and tear or minor repairs. If there are any deficiencies that put employees, campers or supervisors in any way at risk, at anytime this activity will be deactivated until the particular risk is rectified or eliminated.

